

Laundry Tips to Keep Your Cotton Clothes Clean and Fresh During Summer



Did you know that wearing cotton clothes in summer can help you stay cool and fresh all day? Do you wish to sleep comfortably on the hottest of summer nights? Well then ditch the fancy satin nightwear and put on a soft cotton night suit instead to sleep like a baby despite the heat of Summer. Wearing cotton dresses and shirts is a good way to beat the heat during blistering summers. If you wish to add a cooling effect to your bedroom, then you can use [cotton bedsheets](#) and pillowcases. Cleaning cotton clothes and bed linen is easy but time-consuming. If you are a busy bee with no time to do your laundry, then you can reach out to the professionals at [Hello Laundry](#). Hello Laundry in London offers the best laundry and dry-cleaning services in the country at reasonable rates. Hello Laundry offers doorstep pickup and delivery of laundry with a quick turnaround time. However, if you would rather clean your cotton garments and bed linen at home, then you are at the right place. Read the guide on cleaning cotton apparel at home, and spare a few hours on the weekend to get your laundry work done in no time.

Why Should You Wear Cotton In Summer Season?

Cottonwear is highly suitable for sultry summers. Cotton is the best absorber of perspiration. Wearing cotton dresses and [shirts](#) during summer makes you feel cool and less sweaty.

Moreover, cotton also keeps skin infections at bay. [During summers](#), sweat tends to accumulate on the skin making your skin a breeding ground for germs. The fibres of cotton absorb the sweat and prevent skin allergies and bacterial infection. Cotton is the best for the skin. While fabrics like silk and synthetic can cause rashes and itchiness, cotton preserves the health of the skin. Wearing cotton shirts and blouses in summer also helps in fighting body odour by preventing sweat.

How To Clean Cotton Textiles?

Cotton is synonymous with comfort. Even babies can wear cotton onesies as cotton is the best-suited fabric for one and all. Keeping your [cotton clothes clean](#) is pretty easy. Follow the steps below to wash cotton clothes at home:

Step 1 - Wipe Out The Stains:



Stains of body fluids, beverages, and food can make cotton apparel look like an eyesore. Mix a tablespoon of baking soda with a few tablespoons of water to make a paste. Smear the stained region with the paste and let it sit for about half an hour. Wash the baking soda off with plain water for the stains to disappear.

Also Read: [Quick Laundry Tips – Say Goodbye to Stubborn Stains From Clothing](#)

Step 2 - Configure The Washing Machine:



Use cool water for regular cotton clothes and lukewarm water for cotton underwear and onesies. Set the temperature of water in the washing machine to a low level to prevent shrinkage of clothes. Washing cotton with cool water also prevents the bleeding of colours. However, if you are about to wash bed linen, [kitchen and bathroom towels](#), socks, underwear, and other household items of cotton, then use hot water. Washing household linen with hot water helps in eliminating germs and foul odours. After setting the water temperature, it is time to set the cycle speed of the washing machine. Select the gentle wash cycle and let the cycle operate for about 10-45 minutes for washing the load. Use a mild detergent powder or liquid soap to rinse the cotton clothes clean.

Step 3 - Set The Drying Time:

Aeration is the best way to dry wet cotton garments and other articles of linen. However, if you would rather use a tumble dryer then configure the drying machine before use. Set the permanent-press configuration for cotton apparel. Regulate the temperature to a low level for drying cotton clothes that are dainty or fancy. For drying bed linen, bath linen, and kitchen towels, the dryer temperature should be slightly high.

Also Read: [Laundry Cleaning Service: How To Dry Clothes In A Tumble Dryer](#)

Step 4 - Store In a Moisture Free Place:



Do not just toss your cotton clothes roughly into your wardrobe. Instead, use garment bags or boxes to store your cotton dresses and shirts safely. Fold the clothes neatly and stack them in a pile. Make sure to wash the clothes at regular intervals to prevent wear and tear with use.

Conclusion:

Cotton is the best choice of fabric when it comes to smart and comfortable summer fashion. Rock your summer looks in clean cotton dresses, shirts, and shorts, and stay cool and refreshed throughout the day. Wash your cotton clothes regularly to maintain the breathability of the fabric. If you are unable to wash your cotton garments at home then you may [get in touch with Hello Laundry](#) for help. Hello Laundry offers affordable laundry cleaning services in London. [Wash and iron your cotton apparel](#) every week and battle the harshest of summers with soft cotton clothes and cold fruity drinks.

Original

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